

Beginning Time Alone with God (Youth)

Sunday, February 22, 2026

Submission, though, is a call for help to those recognized as able to give it because of their depth of experience and Christlikeness-- because they truly are "elder" in The Way. In submission we engage the experience of those in our fellowship who are qualified to direct our efforts in growth and who then add the weight of their wise authority on the side of our willing spirit to help us do the things we would like to do and refrain from the things we don't want to do. They oversee the godly order in our souls as well as in our fellowship and in the surrounding body of Christ.

But these "wise" people will not be looking at themselves as "leaders" actually. Their being examples we submit to is but one aspect of *their* submission to *servanthood*. It is a case of true leadership, not of the *drivership* that so often prevails in secular society and in some church groups where those "in control" do not know of an alternative. How *truly* blessed is this free "order that is in beatitude." Here are the beginnings of that kingdom "cut out without hands" (Dan. 2:34), which will in time fill the earth and make the kingdoms of this world into the kingdom of our God and of his Christ!

Dallas Willard, The Spirit of The Disciplines, p. 190 (1988)

DAILY TIME ALONE WITH GOD

Select a day to fast from something unto the Lord.

Be sure to practice – A Day of Sabbath (Rest).

MONDAY

Quiet – yourself before God (2-4 minutes).

Prayer –

- Confession – Confess your sins to God. Ask Him to forgive you and take away all sin from you.
- Intercession – Pray for other people's needs and lives.
- Focus – on those who need salvation.
- Petition – Talk with God about your life and needs.
Your Purity before God.

Worship – and give thanks to God for everything (be specific).

Bible Adventure –

- Read and think and imagine – **Romans 6:5-7**
- Meditate on this passage in the Bible.

Write – Journal what God taught you today.

Close – with prayer. Go with God into your day today.

TUESDAY

Quiet – yourself before God (2-4 minutes).

Prayer –

- Confession – Confess your sins to God. Ask Him to forgive you and take away all sin from you.
- Intercession – Pray for other people’s needs and lives.
- Focus – on the need to grow and become like Jesus.
- Petition – Talk with God about your life and needs.
The Presence of God in your life.

Worship – and give thanks to God for everything (be specific).

Bible Adventure –

- Read and think and imagine – **Romans 6:8-10**
- Meditate on this passage in the Bible.

Write – Journal what God taught you today.

Close – with prayer. Go with God into your day today.

WEDNESDAY

Quiet – yourself before God (2-4 minutes).

Prayer –

- Confession – Confess your sins to God. Ask Him to forgive you and take away all sin from you.
- Intercession – Pray for other people’s needs and lives.
- Focus – on those who need healing.
- Petition – Talk with God about your life and needs.
The Passion of God in your life.

Worship – and give thanks to God for everything (be specific).

Bible Adventure

- Read and think and imagine – **Romans 6:11-14**
- Meditate on this passage in the Bible.

Write – Journal what God taught you today.

Close – with prayer. Go with God into your day today.

THURSDAY

Quiet – yourself before God (2-4 minutes).

Prayer –

- Confession – Confess your sins to God. Ask Him to forgive you and take away all sin from you.
- Intercession – Pray for other people’s needs and lives.
- Focus – on the missionaries all over the world – Jeff and Barb Chapman - Japan
- Petition – Talk with God about your life and needs.
The Power of God in your life.

Worship – and give thanks to God for everything (be specific).

Bible Adventure

- Read and think and imagine – **Romans 6:15-18**
- Meditate on this passage in the Bible.

Write – Journal what God taught you today.

Close – with prayer. Go with God into your day today.

FRIDAY

Quiet – yourself before God (2-4 minutes).

Prayer –

- Confession – Confess your sins to God. Ask Him to forgive you and take away all sin from you.
- Intercession – Pray for other people’s needs and lives.
- Focus – on giving thanks for Creation.
- Petition – Talk with God about your life and needs.
God’s Freedom in your life.

Worship – and give thanks to God for everything (be specific).

Bible Adventure

- Read and think and imagine – **Romans 6:19-23**
- Meditate on this passage in the Bible.

Write – Journal what God taught you today.

Close – with prayer. Go with God into your day today.

SATURDAY

Quiet – yourself before God (2-4 minutes).

Prayer –

- Confession – Confess your sins to God. Ask Him to forgive you and take away all sin from you.
- Intercession – Pray for other people’s needs and lives.
- Focus – on life all around you.
- Petition – Talk with God about your life and needs.
God’s Hope in your life.

Worship – and give thanks to God for everything (be specific).

Bible Adventure –

- Read and think and imagine – **Romans 6:5-14**
- Meditate on this passage in the Bible.

Write – Journal what God taught you today.

Close – with prayer. Go with God into your day today.

SUNDAY

Quiet – yourself before God (2-4 minutes).

Prayer –

- Confession – Confess your sins to God. Ask Him to forgive you and take away all sin from you.
- Intercession – Pray for other people’s needs and lives.
- Focus – Talk with God about church and worship today at WLCF.
- Petition – Ask God to help you worship Him today.

Bible Adventure –

- Read and think and imagine – **Romans 6:15-23**
- Meditate on this passage in the Bible.

Write – Journal what God taught you today.

Close – with prayer. Go with God into your day today.